

ACTIVITY 7 THE RHYTHMIC JOURNEY

AIM	<ul style="list-style-type: none"> • Recognize and reproduce the rhythmic patterns of traditional music from various countries. • Develop coordination skills and body expression through movement inspired by the music.
MATERIALS	<p>Computer and speakers for audio playback</p> <p>The "Rhythmic Tracks and Choreographies" section of the Milky-Way e-Library</p> <p>Simple rhythmic instruments for children (tambourines, maracas, claves, etc.).</p>
PROCESS	<ul style="list-style-type: none"> • Select five countries from the e-Library, each featuring a distinctive rhythm or dance (e.g., Samba, Flamenco, Belly Dance, African Dance, Tarantella). • Begin the activity with one of the countries and show a short video of a traditional dance or rhythmic performance • Focus on the rhythm: play a short rhythmic segment and guide the children to reproduce it by clapping their hands or using the rhythmic instruments • Movement Introduction: teach a simple basic step or an iconic movement associated with that rhythm/country. • Recognize the Rhythm, Imitate the Step!" Phase: Play the audio without the video. Children must recognize the rhythm and begin to perform the step they learned. • Repeat the same process for each of the remaining four countries. • The child who demonstrates the best rhythmic coordination and the most expressive step reproduction is named the "Rhythmic Traveler of the Day!"
DURATION	<p>The activity can be repeated over 2 different days with a new set of 5 countries per session.</p> <p>Each session for 5 countries, as described above, lasts at least 1 hour.</p>
LEARNING OUTCOMES	<p>Children will:</p> <p>Improve rhythmic awareness and motor coordination.</p> <p>Connect music to movement and cultural tradition.</p> <p>Express emotions and stories through dance and body expression.</p> <p>Gain an appreciation for the universality of rhythm as a form of cultural communication.</p>